

Spiritual Growth Assessment

As you complete the assessment, avoid rushing. Listen for God's voice to encourage and challenge you. Consider this experience as one-on-one time with Him. Be intentional in your growth towards Christlikeness. Use the scale below to respond to each statement. Please be brutally honest with your answers.

Never - 1 Seldom - 2 Occasionally - 3 Frequent - 4 Always - 5

SPIRITUAL DISCIPLINES	RESPONSE
LOVING JESUS - Worship and Devotion	
1. I practice a regular quiet time and look forward to that time with Christ.	
2. When making choices, I seek Christ's guidance first	
3. I experience life change as a result of my worship experiences.	
4. My actions demonstrate a desire to build God's kingdom rather than my own.	
5. I remain confident of God's love and provision during difficult times.	
6. I admit my errors in relationships and humbly seek forgiveness from the one I've hurt.	
7. I allow other Christians to hold me accountable for spiritual growth.	
8. I place the interest of others above my self-interest.	
9. I show patience in my relationships with family and friends.	
10. My time commitments demonstrate that I value relationships over work/career/hobbies.	
LOVING JESUS	TOTAL
GROWING IN FAITH - Study and Prayer	
1. I regularly read and study my Bible.	
2. I can answer questions about life and faith from a biblical perspective.	
3. I demonstrate honesty in my actions and conversations.	
4. Generally, my public and private self are the same.	
5. I use the Bible for the purpose of discovering truth for daily living.	
6. My prayers focus on discovering God's will more than expressing my needs.	
7. I trust God to answer when I pray and wait patiently on His timing.	
8. My prayers include thanksgiving, praise, confession, and requests.	
9. I spend as much time listening to God as talking to Him.	
10. I pray because I am aware of my complete dependence on God for everything in my life.	
11. Regular participation in group prayer characterizes my prayer life.	
12. I believe my prayers impact my life and the lives of others.	
13. I engage in a daily prayer time.	
GROWING IN FAITH	TOTAL

